



May 2024

GLEN ROCK Elementary Schools



POMPTONIAN
FOOD SERVICE

MONDAYS

Turkey & Cheese on a Kaiser
Paris Café: Assorted Cheeses w/ Sweet Grapes & a Baguette Slice or Mini Croissant
Grilled Chicken Caesar Salad w/ a Dinner Roll

TUESDAYS

BOAR'S HEAD Turkey BLT Roll-Ups
Grab 'n Go Yogurt Box: Yogurt w/ String Cheese, Honey-Wheat Pretzels & Fruit
Asian Soba Noodle Salad w/ a Fortune Cookie

WEDNESDAYS

Wild West: BOAR'S HEAD Ham w/ Cheese on a Whole Grain Wrap
Peach Yogurt Parfait w/ Granola
Grilled Chicken Cobb Salad w/ Dinner Roll

THURSDAYS

Grilled Chicken Caesar Wrap
Bagel Lunch: White or Whole Grain Bagel w/ Cream Cheese, Fruit & Vegetable
Chicken Chopped Salad w/ Ranch Dressing & a Roll

FRIDAYS

BOAR'S HEAD Italian Sub
Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit
Chicken Salad Bento Box w/ Grapes & Pita Bread

		1	2	3
		Organic Beef Burger on a Brioche Bun w/ Organic Cheddar Cheese, Ketchup & French Fries	Popcorn Chicken w/ French Fries & Dinner Roll	Soft Shell Beef Tacos
		Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza
		Pizza Crunchers w/ Sweet Potato Fries Double Hot	BBQ Rib w/ Mashed Potatoes Double Hot	Pizza Calzone Double Hot

6	7	8	9	10
French Toast w/ Egg Patty	Four Cheese Enchilada w/ Rice & Beans w/ Local Scallions	Macaroni & Cheese w/ Garlic Bread	Lasagna Roll Up in Pink Sauce w/ Dinner Roll	Organic Grilled Cheese with Sweet Potato Fries
Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza
Pasta w/ Beef Meatballs Double Hot	Chicken Tenders w/ Roasted Veggies Double Hot	Pizza Quesadilla Double Hot	Pancakes w/ Turkey Sausage Double Hot	Mini Chicken Nuggets w/ Mashed Potatoes and Sweet Corn Double Hot

13	14	15	16	17
Beef Nachos with Brown Rice, Cheddar Cheese, Salsa and Scoops	Chicken & Rice Bowl w/ Scoops	Organic Chicken & Cheese Quesadillas w/ Salsa and Corn	Stuffed Crust Pizza	Chicken Tikka Masala w/ Pita Bread
Pizzeria Pizza	Pizzeria Pizza	Organic Cheese Quesadillas w/ Salsa and Corn Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza
Cheese Ravioli w/ Marinara Sauce & a Dinner Roll Double Hot	Mozzarella Sticks w/ Marinara Dipping Sauce and Mixed Vegetables Double Hot	Pancakes w/ Egg Patty & Tater Tots Double Hot	Orange Chicken w/ Vegetable Fried Rice Double Hot	Chicken Nuggets w/ French Fries Double Hot

20	21	22	23	24
Sabrett Hot Dog with Sweet Corn and Scoops	Meatball Parm w/ French Fries	Pasta w/ Alfredo Sauce & Dinner Roll Pizzeria Pizza	Organic Beef Burger on a Brioche Bun w/ Organic Cheddar Cheese, Ketchup & French Fries	Turkey Egg & Cheese Biscuit w/ Hash Brown
Pizzeria Pizza	Pizzeria Pizza	Vegan Black Bean Burger w/ Sweet Potato Fries Double Hot	Pizzeria Pizza	Pizzeria Pizza
Boneless Chicken Wings w/ Dipping Sauce & Tater Tots Double Hot	Baked Ziti Double Hot		BBQ Beef Rib w/ Mashed Potatoes Double Hot	Chicken Filet on a Bun w/ French Fries Double Hot

Local Applesauce Featured on This Week's Farmstand

27	28	29	30	31
Memorial Day No School	Appetizer Sampler	BBQ Pulled Pork on a Kaiser w/ Mixed Veggies	Turkey & Cheese Melt w/ Pretzels	Cheeseburger Sliders w/ Mashed Potatoes
	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Burger Sliders w/ Mashed Potatoes
	Pizza Quesadilla Double Hot	Boneless Chicken Wings w/ Emoticon Fries Double Hot	Waffle Sticks w/ Turkey Sausage Links Double Hot	Pizzeria Pizza
				Stuffed Shells in Pink Sauce & Dinner Roll Double Hot

Go to
<http://glenrock.pomptonianmenus.com/order>
to place an order by credit card.
 For order edits or cancellations, please e-mail
bfoxman@pomptonian.com by 8:00 a.m.



Fruits & vegetables from The Farm Stand are included with lunch.

- Traditional Lunch - \$4.75 per meal
- Double Hot Traditional Meal - \$6.00
- Boar's Head & Featured Favorite Lunches - \$5.50 (Double Hot not available)
- Organic Lunch - \$7.00 (Double Hot not available)
- 2-Slice Pizza Meal - \$6.00

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

Upgrade your Milk Selection!
 Add an Organic Milk or Organic Chocolate Milk to your order for \$2.75 found in the BEVERAGE OR SNACK menu

A Complete Meal Includes:
 Entrée w/ Protein/Grain
A Trip to The Farm Stand
 Low-Fat Flavored Milk, Skim Milk, 1% Milk, or 4 oz. Pure Fruit Juice

Any questions, call Food Service Director
 Brandon Foxman at 201 445-7700 ext. 8965

Menu Subject to Change

Everything on this Menu is Baked, not Fried

Your comments are important to us. Please email us at comments@pomptonian.com